

# TRANSFORMING THE APP WORKFORCE

**THRIVEAP BOOSTS PATIENT ENCOUNTERS, wRVUs & APP CONFIDENCE SCORES BY OVER 45% COMPARED TO BENCHMARK GROUP**

## BACKGROUND

A large health system in the Southwest U.S. sought to support their nurse practitioners (NPs) and physician associates (PAs) as they transitioned into or began their professional careers in family medicine. They partnered with ThriveAP on a project with an objective to illustrate the program's return on investment (ROI). The number of patient encounters, collected wRVUs, and confidence scores were compared between a participant group and a benchmark group over a 24 month period.

## OUTCOMES

For participants in the ThriveAP Program compared to the benchmark group, a difference in difference (DiD) analysis revealed:

- **Patient encounters increased by 51%**
- **Work RVUs increased by 63%**
- **Confidence scores increased by 45%**

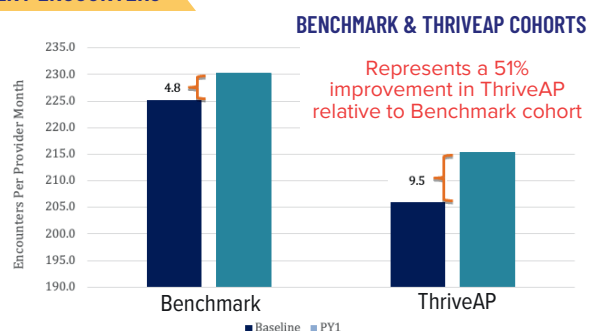
Overall, the health system saw an increase in revenue of \$8,555 per APP each year, with a gross revenue gain of \$265K annually for their enrollees, a **1.71 ROI**.

## SUMMARY

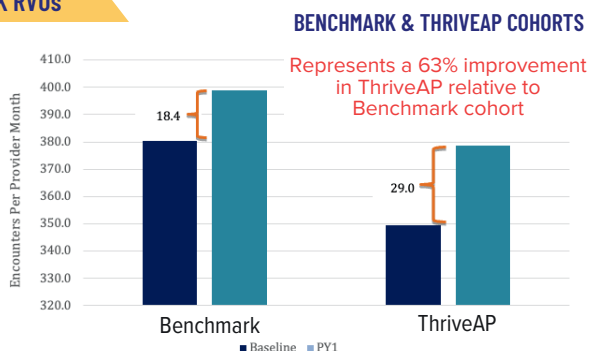
As the roles of APPs expand, so does the need for clear training and robust preparation. Employers that invest in structured onboarding, continuing education, and leadership development will build a workforce that's both competent and confident in their abilities. Investing in APPs with a resource like ThriveAP is both good for business and essential for better patient care, stronger teams, and a more sustainable healthcare system. If your organization isn't already focused on APP development, it's time to start.

*\*Analytics are based on 31 people in the participant group and 18 in the benchmark group with similar experience levels and time working at the health system.*

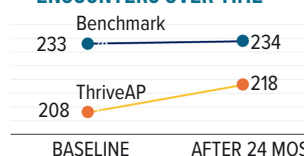
### PATIENT ENCOUNTERS



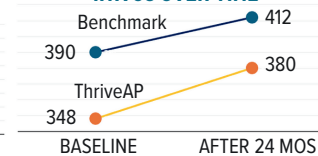
### WORK RVUs



### ENCOUNTERS OVER TIME



### wRVUs OVER TIME



### CONFIDENCE

#### APP CONFIDENCE SCORES

