



**Thrive**AP

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# message from our team.

Nice to meet you! We are excited that you have an interest in supporting your APPs as they transition to clinical practice. At ThriveAP we are committed to providing enhanced educational experiences that achieve real clinical results.

Our team would like to take a moment to introduce ourselves and our turnkey solution.

At ThriveAP, we believe it is critical to invest in the next generation of APPs. And while the call to action for these types of transition to practice programs and curriculums have been present for over a decade, few organizations have answered the call. We applaud you for your interest in becoming agents of change in APP education and setting the standard for innovative education that begins before patient care. Built upon the foundation of nursing theorist Dr. Pat Brenner, at ThriveAP we are committed to the growth of your valued APPs.

In this document you will find everything you need to know about the ThriveAP transition to practice solutions.



*Veronica Hill*

Veronica Hill, DNP, CRNP | Chief Operating Officer

”

The ThriveAP virtual programs are an excellent adjunct to help provide mentorship, solidify knowledge gaps, and ultimately yield increased confidence, retention, and productivity by our APP colleagues.”

- Israel Cordero | M.D.  
Middlesex Health Primary Care

# who we are.

## meet ThriveAP



Since 2012, ThriveAP has partnered with employers and fellowship programs to provide end-to-end education and support for advanced practice providers as they transition to practice. Our blend of mentorship, community, and relevant curriculum fosters clinical confidence and improved outcomes for providers, patients, and employers. We support and empower providers, and the facilities that employ them, to become more... **Proficient. Productive. Confident.**

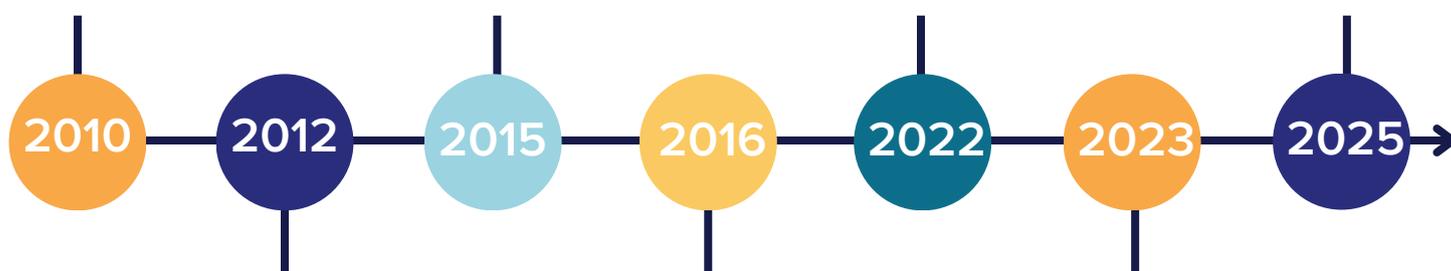
Due to primary care provider shortages & the increased complexity of patient care, the National Academy of Medicine called for transition to practice programs

Again, the National Academy of Medicine calls for programs to bridge education to practice for APPs

Due to APP role expansion & resounding market demand, ThriveAP launches **Hospital Medicine** curriculum

In 2024, ThriveAP enters partnership with APAO. APAO endorses General Oncology Curriculum.

Launch additional programs for a total of **14 Transition to Practice Programs**. Launch new vertical of **9 Upskilling Programs** to support experienced APPs.



ThriveAP is founded as a virtual career development & educational resource

Subscriber / visitor base > 1M annually

ThriveAP launches **Family Medicine** Program, in the **Primary Care** vertical with employers and providers in mind. Goal to improve outcomes, increase satisfaction, performance & provider retention

ThriveAP launches key curriculums into multiple medical specialties, including **Convenient Care, Urgent Care, Emergency Medicine, Cardiology & Psych Mental Health**.

Enters partnership with AAENP & APAC. AAENP endorses Urgent Care & Emergency Medicine curriculums. APAC endorses the Cardiology curriculum.

# healthcare challenges.

## ever-evolving industry

Today, employers are being faced with a more challenging market. The industry is rapidly evolving and new innovations are creating tomorrow's best practices. The ThriveAP program is developed with this constant evolution in mind:

- APP role & responsibility expansion
- Burden of the primary care provider shortage
- Cost-effective advantage of advanced practice providers
- Impact of explosive growth of **new** APPs (estimated 50% growth from 2019-2029) on talent pool & experience levels
- Recruitment costs & retention challenges

## our programs.

### transition to practice (TTP) & upskilling

ThriveAP is not just an onboarding program, it's an APP workforce transformation solution for health systems. By using both the 12-month TTP program and 3-month Upskilling Programs, employers can build long-term retention strategies, ensuring cost savings, efficiency, and improved patient access to care.

Our ThriveAP 12-month Transition to Practice programs offer foundational onboarding for new nurse practitioner (NP) and physician associate (PA) graduates, whereas our Upskilling Programs offer 3-month, targeted and in-depth, specialty-specific skills that offer career advancement and refinement for experienced advanced practice provider. Organizations can benefit from both options to sustain a high-functioning APP workforce.

# TTP: curriculum.

## delivery, schedule & programs



Our live and virtual educational programming is designed to seamlessly integrate into your provider's schedule, and your existing structure. During the curriculum APPs will attend 90-minute weekly live webinars.

Once enrolled, your provider will remain in their class throughout the entirety of the program. The curriculums boast rolling enrollment options.

The curriculums consist of 46 weekly virtual courses covering relevant lectures in 10 core blocks and includes professional development discussions.



### all TTP programs

- Acute Care Peds
- Cardiology
- Convenient Care
- Critical Care
- ER Medicine
- Family Medicine
- General Oncology
- Geriatrics
- Hospital Medicine
- Pediatrics
- Psych/Mental Health
- Urgent Care
- Women's Health



**4.8/5**

Average Curriculum Rating  
From Participating APPs

# TTP: how it works.

## develop a higher standard of care

Our innovative virtual education creates a higher standard of care for your organization and increases your facility's ability to thrive:

1. 12-month program with 46 weekly, didactic live sessions - all delivered virtually
2. Expert instructors & speakers, 1-on-1 mentoring and office hours
3. Scalable 90-minute virtual courses designed to integrate seamlessly with work schedules
4. Program length is 12 months with 10-core blocks
5. Rolling enrollment in live classes occurs first week of each block
6. Learning Management System used to manage & deliver curriculum
7. Track provider performance & progress data with employer specific reporting & reviews
8. Each 90-minute class consists of 60 min of didactic learning + 30 min of professional development.



I have been so encouraged by how helpful the topics and speakers have been. I continually find myself wanting to go back and listen to lectures after tough cases or to prepare myself for a patient I'll be seeing in the upcoming week. Thank you for making this program so great! I can't recommend it enough to others.”

- Laura Melms | FNP-C | La Clinica Health Center

# Upskilling curriculum.



## delivery, schedule & programs

Upskilling Programs offer 3-month, targeted and in-depth, specialty-specific skills that offer career advancement and refinement. Organizations can benefit from both options to sustain a high-functioning advanced practice provider (APP) workforce.

Individual learners may purchase a single seat for the Upskilling Program online and receive access to their program of choice. An organization may purchase a specific number of seats in the Upskilling Program then choose the upskilling specialty when the participants enroll.



### all upskilling programs

- **Dermatology**
- **Endocrinology**
- **Geriatrics**
- **Pediatrics**
- **Psychiatry**
- **Women's Health**
- **Professional Development**
- **Orthopedics, Non-surgical**
- **Orthopedic Surgery**

### Each Upskilling Program consists of:

- Pre-course self-assessment
- On-demand video curriculum
- Final self-assessment
- Receipt of 10-15 hours of CME/CE, depending on course

# Upskilling: how it works.

targeted, in-depth learning for experienced APPs

Our upskilling program consists of innovative 3-month, targeted and in-depth, specialty-specific skills that offer career advancement and refinement for experienced APPs.

1. Programs are completed in 3 months instead of 12 like our transition to practice programs
2. Enhances skills and knowledge in a specific area so providers stay current with
3. trends and advancements
4. Develops new competencies to meet the changing demands of the medical specialty
5. Increases confidence and motivation by providing participants with the tools and
6. resources to succeed in their specialty
7. Tracks provider performance & progress data with employer specific reporting & reviews

# speakers.

ThriveAP

actively practicing, board-certified experts

**140+**

Total Active Speakers

**36%**

Doctorally  
Prepared

**115+**

Awards  
Won

**15+**

Avg. Years  
in Practice

**85%**

Experience in Academia

**59%**

Published Authors

**480+**

Number of Publications

”

I consider these webinars a blessing. The speakers are awesome and always give valuable & practical information."

- Leonora Berreto | NP | Los Angeles Christian Health Center

# support.

## office hours

ThriveAP is proud to offer additional educational support through 'Office Hours.' Your provider has the ability to schedule optional 1-on-1 time with their class leaders to further explore clinical or professional development topics. 'Office Hours' empowers clinicians to explore additional knowledge sharing outside regularly scheduled lectures and discussions.

# community.

ThriveAP

## mentorship that makes an impact

Weekly classes are led by board-certified NPs and PAs. Lectures are presented by actively practicing, board-certified clinical experts committed to providing evidence-based clinical knowledge. They are seasoned speakers who provide an engaging and positive learning environment.

Your provider will interact with peer providers nationally, in similar professional stages, during weekly lectures and discussions. They will engage with ThriveAP class leaders, speakers, and providers to build a supportive educational network.

# cme/ce credits.

## assess clinical knowledge

More than **90+ continuing education credit hours** are available to providers upon completing ThriveAP's curriculum. ThriveAP's programs are approved for CME/CE hours by the accrediting bodies ANCC and AAPA.

”

Despite the fact that I had been in practice, I had been in practice in an office that didn't have another family practice physician, and that can be challenging. Being enrolled in the ThriveAP program has been super helpful. I learned a lot that I didn't learn in my NP program, or if I did, having not put it into practice I didn't understand the intricacies."

- Kathryn Feeney | NP | Meridian Health Services

# measuring progress.

## customized performance reports

Employers receive quarterly updates on provider progress that includes available data including: attendance rate, curriculum blocks completed, exam scores, and average feedback evaluation review to help measure competence growth, program progress, proficiency, and more.

example report.

Providers Enrolled	Start-End Date	Attendance	Blocks Completed	Assessments Completed	Average Review	Average Class Review
xxxxxxxxx	May - April 2025	22/25	5/9	10/11	5	4.85
xxxxxxxxx	May - April 2025	22/25	5/9	10/11	4.7	

# quarterly reviews.

## check-in discussions

In conjunction with quarterly provider progress reports, ThriveAP coordinates quarterly reviews to discuss the results with employers. The check-in calls will cover any important curriculum updates or announcements, review provider evaluation feedback, and upcoming or anticipated enrollments.



It is important we continue to adapt to the needs of our APPs, the transition into practice is a very challenging and critical time in their career. ThriveAP has helped our organization adapt to these needs with a quality solution that works both for the employer and the APP - resulting in higher satisfaction, confidence, and efficiency.”

- Elizabeth Helms, APRN, FNP-BC | Director Advanced Practice Leadership Council | Ascension St. Vincent

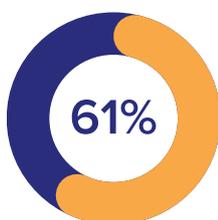
# proven results.

accelerate outcomes that count



## employer outcomes.

- RVUs per patient seen, wRVUs, documentation, HCCs, RAFs & chart closures
- Enhanced organizational performance
- Increased provider satisfaction
- Increased retention, decreased recruitment cost, & overall savings due to reduction in turnover
- Accelerated ramp-time, skill development resulting in proficiency, productivity, & confidence
- More Patients Seen



*in 4 months a leading organization increased their total RVUs by 61%, & RVUs per patients seen by 36%+ with ThriveAP*



## provider outcomes.

- Clinical competency & professional development
- Improved confidence
- Reduced ramp-up time
- Onboarding support & mentorship
- Coding & billing education
- Manage efficiency and self-care
- Supportive community for long-lasting connections

# drive results.

engagement, patients seen & wRVUs



## Participant Compliance

Total % of 12-month Program Completion



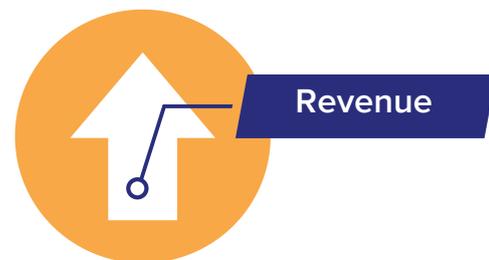
## 12.3% More Patients Seen

Increase Access to Care



## Average Weekly Feedback Score

Based on participating responses from APPs



## 9.2% Increase in wRVUs

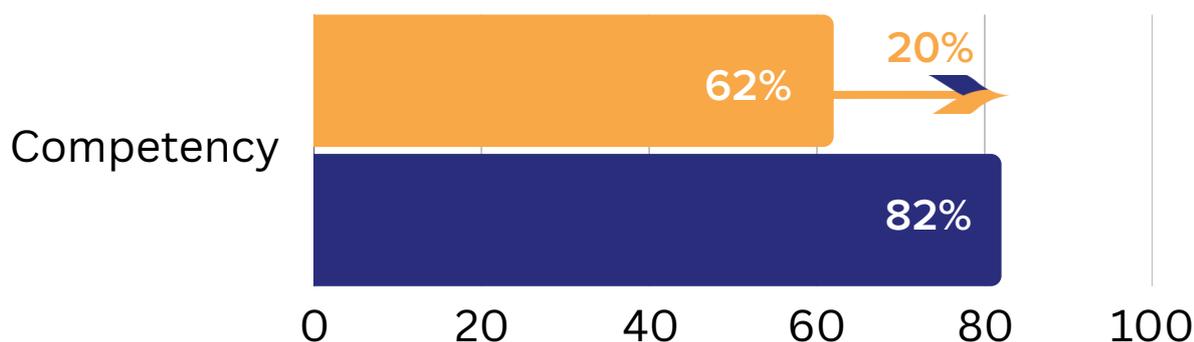
Resulting In More Revenue & 3:1 ROI

# Increase competency.

innovate to accelerate your bottom-line

● Pre-Block Average

● Post-Block Average



# employer partnerships.

learn from your peers



- Ascension Health - second largest hospital operator in the country, St Vincent is seen as innovative ministry
- Feedback from APP participants in program nearly perfect (4.9/5)
- Feedback from collaborative physicians and other provider staff includes boost in confidence and quality of care
- Year 1 of 3-year ROI study has shown lift in RVU, patients seen, and quality metrics



- Hospital and integrated health network through central Connecticut
- CMO feedback indicated material impact to recruiting of key talent
- Program now part of all recent graduates (0-5 years) onboarding



- Top 10 largest Federally Qualified Health Center in the country
- Increases in proficiency and satisfaction resulting in CMO offering ThriveAP program to all advanced practice providers, regardless of experience



The task of creating the educational component of a transition to practice program is tremendous. The manpower and cost required to arrange speakers and didactic content was greater than I had originally anticipated. By adopting ThriveAP we are able to create smaller organizational talks as needed. ThriveAPt gave us an easy button ”

- Bonnie Johnston, MSN, RN, AGPCNP-BC, NP-C, CWOCN | Adjunct Faculty | BJC Healthcare

# employer spotlight.

a few of our clients & partners

## clients

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Ascension



BAPTIST HEALTH

BJC HealthCare

MultiCare 



Texas Health  
Resources®

UPMC  
LIFE CHANGING MEDICINE

## partners

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# thank you.

proficient. productive. confident.

Thank you for your interest in becoming a part of the ThriveAP community. We would be honored to partner with you to build a program for the continued success of your APPs and organization. We look forward to supporting your organizational goals as you upskill or transition your APPs to clinical practice. Contact ThriveAP at [info@thriveap.com](mailto:info@thriveap.com).

Let's Connect:  
[info@thriveap.com](mailto:info@thriveap.com)