



Optimize Your NP & PA Workforce

# Upskill Your Nurse Practitioners & PAs in Psychiatry & Mental Health



## Overview

ThriveAP's Hospital Medicine Specialty Program is a 12-month comprehensive curriculum to help employers attract, retain and upskill nurse practitioners (NPs) and physician associates (PAs) to develop confident and competent care in the hospital setting. Our live and online courses, with 10 start dates annually, improve access to care, mitigate learning gaps, and educate providers to efficiently address the complex needs of patients in emergency medicine. The guided curriculum promotes collaborative, evidence-based practices and patient-centered care, awarding 75 to 100 hours of CME/CE upon completion. Employers obtain data-driven insights of their participants each month, while ThriveAP learners gain expertise, professional development, and one-on-one coaching from highly respected leaders in hospital medicine, alongside a supportive cohort of peers.

## Program Endorsement

ThriveAP's Psych and Mental Health Program is a synchronous and asynchronous curriculum that is endorsed by the Association of Psychiatric Mental Health Nurse Practitioners (aPMHNP). Together, the partnership offers extensive psych and mental health support, including resources, tools for professional growth, and advocacy specifically for advanced practice providers.

## Course Details

didactic  
clinical  
education

x 46 weeks

professional  
development  
discussion

90 min. session  
each week



### Improved Patient Access to Care

Enhance provider billing, coding, charting and documentation skills.



### Efficient Provider Workforce

Optimize provider billing, coding, charting and documentation.



### Reduced Ramp-Up Time

Quickly onboard providers to perform at top of licensure with highest-quality care.



### Enhanced Provider Confidence

Reduce risk and improve provider competence, satisfaction and retention.



### Provider & Patient Satisfaction

Streamline processes and improve operational effectiveness for better outcomes.



### Tailored Professional Development

Enhance role-specific conflict-management, communication and team collaboration.

Faculty 1:1  
Coaching

Peer to Peer  
Support

Employer  
Monthly Reports



[thriveap.com/psych-mental-health](https://thriveap.com/psych-mental-health)



[info@thriveap.com](mailto:info@thriveap.com)



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## 10 Core Curriculum Blocks

1	<b>Fundamentals of Psych &amp; Mental Health</b>
2	<b>Emergency Care</b>
3	<b>Mood Disorders</b>
4	<b>Anxiety Disorders</b>
5	<b>Trauma &amp; Stressor Related Disorders</b>
6	<b>Child &amp; Adolescent</b>
7	<b>Neurocognitive Disorders</b>
8	<b>Psychotic Disorders</b>
9	<b>Innovative Therapies</b>
10	<b>Supplemental Materials</b>

## Professional Development

Leadership, team dynamics and communication

Successful mindset as a healthcare provider; licensing and credentialing

Screening guideline development and use, clinical support tools, practice efficiency, managing patients by phone

Delivering serious news, supporting patients at the right time

Leadership roles of NPs and PAs, team dynamics, communication, managing conflict in the workplace

Health policy and professional organizations, presenting a case, personal finance and performance reviews

Recognizing victims of violence, navigating difficult patient encounters

Improving financial documentation, billing and coding, HCC/RAF MIPS measures, incentive programs, quality scores

Strategic prescribing, conversations cardiology lifestyle and diet, interdisciplinary team-based care

Managing your inbox, time management, telehealth, referring to a higher level of care

Journal Club & more...

## About ThriveAP

ThriveAP is an industry-leading educational institution founded in 2012 that is recognized for innovative programs and proven methodologies that equip clinicians and healthcare employers with resources to enhance the quality of care, improve patient access to care, and foster provider fulfillment.

To learn more, visit [www.thriveap.com/psych-mental-health](http://www.thriveap.com/psych-mental-health).

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